

# Watoga State Park

## Mountain Trail Challenge – August 12, 2017

Proceeds benefit the Watoga State Park Foundation.

Register by mail or online at [APTIming.com](http://APTIming.com)



<p><b>Course Information:</b> Half Marathon and 5K Race on forest roads and trails in Watoga State Park and Calvin Price State Forest. The 2017 race routes are the same as those for the 2016 races.</p> <p>Detailed course maps and information at <a href="http://watogafoundation.org/race">watogafoundation.org/race</a></p> <p>Email: <a href="mailto:watogafoundation1@gmail.com">watogafoundation1@gmail.com</a></p>	<p><b>Awards:</b> T-shirts for all entrants; Finishers' Medals; Awards for 1<sup>st</sup> and 2<sup>nd</sup> overall male and female runners in each race, and also 1<sup>st</sup> and 2<sup>nd</sup> in each age group, male and female.</p> <p><b>Registration:</b> 5K Race: \$25 before July 1<sup>st</sup>, \$30 from July 1<sup>st</sup> to August 12<sup>th</sup>, and \$35 on race day</p> <p>Half Marathon: \$40 before July 1<sup>st</sup>, \$45 from July 1<sup>st</sup> to August 12<sup>th</sup>, and \$50 on race day</p>
<p><b>Age Groups:</b> 14 and under, 15 - 19, 20 - 29, 30 - 39, 40 - 49, 50 - 59, 60 - 69, 70+</p>	

Please fill out the form below and mail with remittance to: Watoga State Park Foundation  
4800 Watoga Park Road  
Marlinton, WV  
24954

Make checks payable to  
Watoga State Park Foundation

### Watoga State Park Mountain Trail Challenge - Registration Form

Race: 5K \_\_\_\_\_ Half Marathon \_\_\_\_\_

First name: \_\_\_\_\_ Last name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F

Shirt Size: S / M / L / XL / XXL Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Phone: \_\_\_\_\_

**Waiver:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of the weather (including cold weather and ice), traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my entry, I for myself, and anyone entitled to act on my behalf, waive and release Watoga State Park Foundation, race officials, volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent if under 18) **ALL PARTICPANTS MUST SIGN ENTRY FORM**

Date